

Motorized racing returns to Rocky Mountain Speedway



Over 1300 people attended the Rocky Mountain Speedway race last weekend, with approximately 50 cars participating in the racing events. "Pretty amazing for our little town," said organizer Tamara Cinnamon. Results are calculated by averaging the finishing points of each race to get the top winners of the weekend. To take a look at racing results and more speedway photos, see page 7. /SPENCER HALL

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Whitewater rafting adventures close to home

By Andrea Arnold

Tete Jaune based and locally owned rafting company Stellar Descents was thrilled to offer trips on the Beaver River this past week.

"The window to raft the river varies each year from two to six weeks in duration," said Justin Hachman, lead guide and owner. "The river needs enough snow melt from warmer temperatures or rain to fill the river and bring it to a commercial rafting level."

This is the 13th year they have offered trips on the Beaver River. Hachman says it is a great step up from the popular Fraser whitewater trip they run with Class three and four rapids along the way.

"We also run the three to five metre waterfall at the very end of the trip," he said. "Some of the rapid sections include Boulder Boogie, Spin Drift, Avalanche (two kilometres long), Fluffy Bunny and more.

He hopes to offer the two hour trip that covers 18 kilometres of river for another two weeks or so. After that, they move to the Dore River. Hachman says that the Dore is another step up in classification and the location the use for thrill seeking guests in July.

"We started commercially operating on the Dore in 2020 and it provides eight kilometres of continuous Class 4 whitewater," he said.

The trip includes two laps of the eight kilometre stretch.

"We often get locals looking to get the "Trifecta" - coming with us on the Fraser, Beaver and the Dore - for ultimate bragging rights," said Hachman.

Stellar Descents requires a minimum of four people and is open to having solo paddlers join them. They have a local call out list that interested parties can join. Each trip has a maximum cap of 18 people.

In addition to these whitewater rapid rafting trips, they provide scenic floats, whitewater kayaking and stand up paddleboarding lessons from May until September. They cap off the season in September with a six day expedition trip on the Babine/Skeena River.

Spring 2024 BikeFest

By Abigail Popple

Valemount and Area Recreation Development Association (VARDA) hosted its biannual BikeFest in Valemount last week. Events included a Saturday morning pancake breakfast to raise money for VARDA, a beer sale at District Bicycle Co., plus all-day shuttling around the Valemount Bike Park.

The festival has been growing even more popular in recent years, said VARDA Executive Director Curtis Pawliuk.

"We had 250 people register, and tickets sold out in a matter of days," Pawliuk told The Goat. "The reason we sell tickets in advance now is that we've had too many people come to BikeFest at the same time. The demand for BikeFest tickets is ridiculous, it kind of felt like a Taylor Swift concert with tickets selling very quickly online." Pawliuk estimates that the event brought in well over 250 people to the village, since

festival attendees also brought family members along with them. "It's difficult to put a price on that, but I think the economic spinoff is hard to miss," he said. "And it was really cool to have it at the same time as the Rocky Mountain Racing Association, like the village got double the benefit."

VARDA will have another BikeFest in the fall, Pawliuk said. He encourages anyone who wasn't able to attend this weekend to keep their eyes peeled for the fall festival ticket sale – members of the Valemount Bike Park get access to tickets four days earlier than non-members.





Stellar Descents Owner and Operator Justin Hachman (in red) navages a group of guests down the rapids on the Beaver River. /SUBMITTED



VARDA Executive Director Curtis Pawliuk estimates that the event brought in well over 250 people to the village, since festival attendees also brought family members along with them. /SUBMITTED

Brian Brown (right) manned the grill at the Bikefest Pancake Breakfast on Saturday morning, cooking up pancakes, eggs, bacon, sausages, and hashbrowns. Owen Torgerson dished out the breakfast to eager attendees. Breakfast was by donation, with proceeds going to VARDA./SPENCER HALL





MON-SAT: 9 AM - 5:30 PM

COLOUR FUN RUN 2024



Ember moves in for a hug and hardly notices the green powder Constable Nataline Cooke poofs onto her shirt. Morgan leads her friends as they navigate through the color and obstacles set up by the "Adventure Rocks colour station.

Aziz keeps a steady pace as he makes his way down the sidewalk. Connor requested a face full of blue and wisely awaited the spray of non-toxic colour powder with eye protection and closed mouth.

Rachel Rykes carefully made her way along the rain covered sidewalk and completed two kilometres. Sloan walkes hand in hand with her grandma Laura White as they lead the group of "Little Munchkins" through the two kilometre route.

Elora had a blast as she ran the course with her mother close by. /ANDREA ARNOLD



Vice Principal position reinstated for **CORRECTION**: 2024/2025

By Andrea Arnold

McBride Secondary and Elementary School Vice Principal Lisa Franke was happy to receive news this week that School District 57 had reinstated her position for the upcoming school year. Following a decision made at the end of May, she was uncertain what the next year would look like for her.

"I am excited and grateful to be able to continue my career in education in McBride as Vice Principal and am looking forward to the upcoming 2024-2025 school year," she said.

School District 57 Superintendent Jameel Aziz said that earlier this week the board took another look at the budget and found ways to restore the position.

"Beyond this next year, the position is not guaranteed long term," said Aziz. "Each year we have to take a look at the enrollment numbers of the schools."

He has recently spent time visiting the McBride schools and witnessed the high level of commitment shown by both VP Franke and Principal Jason Schwartz.

Aziz has experience as a solo principal serving two schools at the same time and knows first hand that the ideal is to have a minimum of two people sharing some of the responsibilities. However, if the numbers dip below what the board considers critical, he said difficult decisions will need to be made.

Following the initial announcement, local MLA Shirley Bond, a long time supporter of rural schools, expressed her concerns directly to both SD57 and the Minister of Education Rachma Singh. Bond said that she appreciated the correspondence she had received from locals expressing thoughts and concerns. She was able to use some of the information in these letters as she

presented her case.

Bond said she was pleased to hear the McBride Schools will continue to have two administrators for the next year.

"While it is a relief to see there has been some recognition that the proposed cuts would have a significant impact on our schools, students and staff, we need to continue to speak up about the need to fund rural schools in a way that allows students, wherever they live, to receive the educational opportunities they deserve," she said.

Aziz is concerned that factors, like the Scotiabank branch closing, may affect numbers in upcoming years. "I hope enrollment stays stable," he said.

June 13th RVCS Story

A caption in the online edition of last week's article, "Valemount RVCS moving services to 5th Avenue," incorrectly stated that the new building will provide a centralized space for childcare. In fact, childcare is a standalone service, provided across the street from 1444 5th Avenue. The building referenced in the article is intended to "augment additional space for play and learning for Roots of Life Childcare Center," but will not be the site of childcare services. The Goat regrets this error.



Thank you

The Culp family would like to extend their thanks to BRKH for the custom cedar, Cody Yetter Construction for the meticulous log work, and his operator Brandon McLennan for the seamless driveway and drainage system, Albert Venor- North Blue Septic Inspection, Robson Valley Septic & Water Hauling, Robson Valley Ventures, Home Hardware and their knowledgeable staff, Terrence McNally for the WETT inspection and new stove installation, Denis Brooks for the detailed carpentry, Sam Jones beautiful landscaping, Pat Cousineau, Gene Blackman and Ken Mcnaughton for coming on short notice and staying until the job was finished.

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About Letters to the Editor

The Goat welcomes all letters to the editor and values diverse opinions in our newspaper. Letters should address something that appeared in the newspaper or a current event. Recommended letter length is 400 words or less due to space constraints. Longer letters may be rejected or the author asked to reduce the length. The Goat formats letters and grammar according to Canadian Press style. No substantive changes are made without the author's approval. Letters are reviewed for clarity and libel, but are not fact checked and may contain errors or misleading statements. Letters must be submitted with a phone number for verification purposes and the location of the author, but only the name of the author and location will be published. We may publish anonymous letters when they are in the public interest. Write to us! goatnewspaper@gmail.com. We ALWAYS confirm receipt of letters. If you have not received a reply from us, please call us at 250-566-4606 so we can make sure we receive it. Our letters deadline is Sunday 5pm the week of publication. Letters received after our deadline may still be included if space is available, otherwise they will be bumped to the following week.

Keep children away from lawnmowers

Dear Editor,

As we are now in the season of lawn maintenance and outdoor activities, I would like to remind everyone about the potential hazards associated with machinery such as lawn mowers, especially in the presence of children.

I was only two when an accident forever altered the course of my life. Innocently playing outside, I ventured too close to a moving lawn mower, unaware of the danger it posed. The operator was unaware of my presence and backed up, not realizing I had stumbled and fallen behind the lawn mower. I was rushed to the hospital where doctors had to amputate my right arm above the elbow and part of my left hand.

As a graduate of The War Amps Child Amputee (CHAMP) Program, I am advocating for safety measures around lawn mowers. I accept who I am today, but I wouldn't want another child to go through what I did.

It's important to recognize that accidents can occur in the blink of an eye, with lifelong consequences. By sharing my story and raising awareness, I hope to encourage greater caution and vigilance among parents, caregivers and communities alike.

Notice of Property Use Agreements



Horseshoe Lake Recreational and Beaver River Stockyards Properties

The Regional District of Fraser-Fort George intends to enter into property use agreements for the use of a Regional District property for five year terms with:

- McBride and District Chamber of Commerce for the use of Recreational Property on Horseshoe Lake Road legally known as unsurveyed Crown land being part of the bed and foreshore of Horseshoe Lake, Cariboo District
- McBride Farmers Institute for the use of Beaver River Stockyards Property on McBride Highway 16 E legally known as unsurveyed Crown land together with part of the Fractional Southeast 1/4 of District Lot 7228, Cariboo District

In consideration of the entitlements given, the Regional District will receive a nominal sum of \$1 (plus GST) for the terms of the agreements.

For more information, contact communityservices@rdffg.bc.ca

Denise Swedlo

The War Amps

Global Thoughts Stop the 'Munich' Analogies

BY GWYNNE DYER

Scarcely a week passes without some media pundit or attention-seeking historian warning that a Great War is nigh. As always, there are enough signs and portents around to make that sort of prediction plausible, but it's rarely correct. In fact, it hasn't been correct since 1945. That's 79 years and counting.

A war between the great powers would be Ukraine times a hundred; Gaza times a thousand. And these days, such a war would surely be nuclear.

To argue that such a 'Great War' is coming', the doommongers claim that it may be necessary to stop the Russians. That's why they always bring up 'Munich'.

The 'Munich' syndrome is a fantasy version of the origins of the Second World War in which it only got so big because Britain and France didn't realise Hitler had to be stopped by force.

Instead, they say, the cowards tried to 'appease' Hitler at the Munich summit in 1938 by giving him Czechoslovakia, and after that it was too late to stop him. So the West has to vanquish the Russians now in Ukraine, or else Putin will also try to conquer the world. That's a complete misreading of history. In real life, Britain decided by 1933 that Germany was a major threat and doubled its spending on the Royal Air Force. After the much maligned 'appeaser' Neville Chamberlain became prime minister in 1937, he doubled British defence spending in 1938 and doubled it again in 1939.

Chamberlain did sell the Czechs out to Hitler at Munich in 1938, but mostly because the United Kingdom needed more time to rearm. The war came in September 1939, but the Germans lost the Battle of Britain in 1940 and the UK managed to hang on alone until the Soviet Union and the United States were dragged into the war in 1941.

That's how the Second World War really got underway, and it doesn't bear the slightest resemblance to what is happening today. 'Munich' is irrelevant. In fact, all that history is irrelevant.

The advent of nuclear weapons really has changed the way things work. There has been only one time since 1945 when we even came close to a full-scale war between the great powers: the Cuban crisis of 1962.

That was truly dangerous because successful nuclear first strikes were still theoretically possible and the principles of nuclear deterrence were not yet fully understood and accepted. Nevertheless, the two sides managed to think their way through the confrontation and avoided Armageddon. By now everybody knows the steps of the dance and the nuclear doctrines take explicit account of human psychology. In fact, even non-nuclear confrontations are generally managed in ways that minimise the risk of escalation. For example, look at how last April's confrontation between Israel and Iran was handled.

The Iranians felt they had to strike back when Israel killed three of their top generals in a missile attack on their embassy in Damascus, but they gave the US enough details about the timing and targets of their big retaliatory strike against Israel that their 300 missiles and drones were almost all shot down. 'Honour' was satisfied, and very few people were hurt.

Or consider the war in Ukraine, now more than two years old. There has been some escalation, but very slow and very cautious. Moscow occasionally makes vague threats about nuclear weapons, but nobody panics; NATO countries make no nuclear threats at all. Blunders are always possible, but the war still seems well contained. That's how we got through the past 79 years, one crisis at a time. Aggression needs to be discouraged and if possible contained, but nobody is trying to conquer the world, so don't ever risk the whole world by using nukes. And keep working on building the international rule of law, no matter how frustrating and futile that often seems.



Gwynne Dyer is a Canadian-born independent journalist whose column is published in more than 175 papers in 45 countries.

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Valemount Council: Flag protocol, Kamloops letter, reservoir levels

By Abigail Popple, Local Journalism Initiative Reporter, RMG

Valemount Council had a very brief meeting last Tuesday to discuss the Village's flagraising protocol, a letter from Kamloops City Council, and the Kinbasket reservoir. Mayor Owen Torgerson called the meeting to order at 7:00 p.m.

Council adopted the evening's agenda, then approved minutes for their May 28th regular meeting and May 14th special meeting.

Flag Protocol

Historically, Valemount has not had a policy dictating how flags on Village property should be displayed. Staff proposed a flag protocol policy to ensure that flags flown on different Village properties are displayed consistently and appropriately.

The policy has guidelines for when flags should be flown at half-mast, such as when a former Prime Minister passes away. In the original version of the policy reviewed by Council, the section on half-masting flags stipulated that when multiple flags are flown together – for example, when the B.C. flag, Village flag, and Canadian flag are flown in a group – all must be flown at half-mast when the half-mast policy is in effect.

Torgerson and CAO Anne Yanciw said some flagpoles in the Village make it difficult to fly flags at half-mast. In an email to The Goat, Yanciw said some flagpoles, such as the ones flying the B.C. and Valemount flags outside the Village office, use a hinge mechanism which makes it difficult to lower flags.

"To change the flag, the operator must remove several bolts and lower the entire flagpole," she wrote. "To half mast those would mean lowering the whole pole, and then devising an improvised system of tying it off in the middle that might look careless rather than professional, and might not remain secure in the wind."

During the Council meeting, Yanciw suggested striking the multiple flags requirement until the Village finds a way to easily put all of its flagpoles at half-mast – in the meantime, flags that cannot be lowered will be flown at full mast. The Village currently does not have plans to replace its hinged flagpoles with ones that are easier to put at half-mast, she told The Goat.

Councillor Donnie MacLean moved to adopt the policy, with the amendment that procedure 2(e) – the multiple flags requirement – be removed. Councillor Hollie Blanchette seconded MacLean's motion, and the motion passed unanimously.

Kamloops Council Letter

Kamloops Mayor Reid Hamer-Jackson has had multiple conflicts with Kamloops Council since his election in October 2022, including filing a defamation lawsuit against another councillor and suspending the city's CAO, according to reporting from CBC. In late May, the longstanding feud culminated in Council voting to create a deputy mayor position, occupied by a different councillor each month. The Deputy Mayor will be responsible for communicating on behalf of the city, rather than Hamer-Jackson. In a letter dated May 29th, then-Deputy Mayor Kelly Hall informed municipalities throughout B.C. of this development.

"Mayor Reid Hamer-Jackson is no longer authorized to speak for the will of Kamloops City Council or the corporation of the City of Kamloops," Hall wrote. "The appointed Deputy Mayor... will represent City Council and the organization at all events and for all matters locally, provincially, and federally."

Torgerson said Valemount will follow Hall's request to communicate with the Deputy Mayor.

Kinbasket Reservoir Levels

Torgerson remarked that water levels in the Kinbasket reservoir have been on the rise, according to the Columbia Reservoir System updates BC Hydro shares weekly. The Kinbasket rose by about 1.40 metres in the week leading up to the latest update, dated May 31st. "I was down there today, and wow, what a difference a week makes," he said.

Highway Association Meeting

Councillor Pete Pearson has been re-elected as president of the Trans Canada Yellowhead Highway Association. The incoming board, elected at the Association's Annual General Meeting in May, has its next meeting in Edmonton on June 28th. Pearson asked for Council to approve covering his travel costs to attend in-person so he can accept an award from the Association.

Council unanimously approved a motion to pay for Pearson's trip.

In-Camera

At 7:10 p.m., Torgerson adjourned the regular meeting to move to an in-camera session. The in-camera meeting was called to discuss items related to Section 90(1)(a) and (k) of the Community Charter:

(a) personal information about an identifiable individual who holds or is being considered for a position as an officer, employee or agent of the municipality or another position appointed by the municipality; and

(k) negotiations and related discussions respecting the proposed provision of a municipal service that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests of the municipality if they were held in public.

www.valemount.ca

Village of Valemount – 2023 Annual Report

As per Section 98 of the *Community Charter*, the Village must prepare an Annual Report and present it at a public meeting of Council each year prior to June 30th.

At the public meeting, on June 25th, Council must present the report and accept submissions and questions from the public.

The Annual Report is **available for public inspection** on the Village website, at the Village Office, and in the Visitor Information Centre.

Village of Valemount Notice of Temporary Use Permit Application

Please Take Notice that the consideration of an application for Temporary Use Permit 24-01 will be held: Tuesday, June 25, 2024 at 7:00 pm Council Chambers, 735 Cranberry Lake Road, Valemount, BC

Temporary Use Permit 24-01

Cont'd...

Comments may be made in person at the Public Hearing. Written submissions can be submitted by email to <u>publichearing@valemount.ca</u>, or via letter to the Village of Valemount. Written submissions will be accepted until **12:00 pm on June 25, 2024**.

All correspondence and materials submitted in response to this Notice will form part of a public record. All written submissions must state your name and area of residence. Anonymous submissions will not be accepted. The author's phone number and email are not relevant and should not be included in the correspondence if the author does not wish this personal information to be disclosed.

Digital copies of Temporary Use Permit 24-01 are available at <u>www.valemount.ca</u>. Paper copies will be available for viewing during regular office hours (Mon. – Fri. 8:30 a.m. – 4:30 p.m.), until June 25, 2024 at the Village Office, 735 Cranberry Lake Road.

Village of Valemount - Tax Notifications

Cont'd...

- \cdot Mail cheques must be received in the municipal office prior to deadline.
- In-Person <u>735 Cranberry Lake Road (upstairs)</u> debit, cheque, or cash.
- Credit Card Third-party payment provider charges a fee for their services and their transactions typically take up to seven business days. The Village of Valemount does not endorse third party payment providers and all fees associated are the responsibility of the payee. Follow the link PaySimply[™] on our website www.valemount.ca.

Home Owner Grants - The Village Office does not process Home Owner Grants. Please go online to: <u>www.gov.bc.ca/homeownergrant</u> OR call 1-888-355-2700. Home Owner Grants must be applied for prior to the July 2nd due date to avoid penalties.

2025 Permissive Tax Exemption Applications

Section 224 of the Community Charter, gives Council the authority to exempt certain land and/or improvements from municipal property taxes. Council considers Permissive Tax Exemptions for non-profit organizations that contribute to the well being of Village residents, make improvements to the quality of life for residents, and/or are an extension of Village Services.

Proposes to renew TUP-21-01 for the Contractor Yard to support construction activities on spreads 3 and 4 of the Trans Mountain Pipeline.

LEGAL DESCRIPTION: Block F of the South East ¼ of District Lot 7354 Cariboo District



At the Public Hearing, anyone who deems their interest in land to be affected by the proposed Temporary Use Permit 24-01, shall be given a reasonable opportunity to be heard.

The 2024 Tax Notices have been mailed out. If you do not receive your tax notice by June 15th, please contact the Village Office at 250-566-4435 or email <u>adminservices@valemount.ca</u>.

Deadline - Tax payments must be received in the Municipal office on or before **July 2nd**, **2024** to avoid penalties.

Payment Options:

• Online or telephone banking – allow 2-3 business days for processing. Be sure to use the correct account (Taxes vs. utility)

• E-transfer – send to **dof@valemount.ca** Include your account number and property roll number.

A new application must be completed every year and must be accompanied by all required documentation. The deadline for applications to be received by the Tax Office is <u>July 31, 2024.</u>

To be eligible for a permissive tax exemption an organization must comply with the guidelines and be approved by Council.

Applications are now available at our office located at 735 Cranberry Lake Road or online www.valemount.ca.

Village of Valemount – Job Opportunities

Please visit <u>https://valemount.ca/village-office/job-postings/</u> to view job opportunities within the municipality.



735 Cranberry Lake Road 250-566-4435 PO Box 168

Hope Air launches awareness campaign in B.C.

By Abigail Popple, Local Journalism Initiative Reporter, RMG

Hope Air, a charity that helps Canadians with travel costs for medical appointments, held its inaugural "Hope Air Day" in Prince George on June 17th. The intention is to raise awareness in B.C. for the charity's services, said Stephanie Aldridge, Hope Air's Executive Director, British Columbia.

Over the past two years, Hope Air has helped 11 patients and their escorts from McBride and Valemount, according to Aldridge. The organization paid for 28 flights and 11 nights of hotel accommodation, plus meals and ground transportation, she added.

"For people who are in financial need and live outside of large city centers, the distance to get (to a medical centre), the time to get there, and the costs, are all very real barriers to accessing the health care system that we are all entitled to," Aldridge said. "We're about reducing poverty, so people don't have to pay for (travel) expenses out-of-pocket to access health care, we're about improving health outcomes by making sure people get timely access to health care."

In that vein, Hope Air funds travel accommodations for patients and escorts who would not otherwise be able to access health care. Helping people travel to and fly out of Prince George is one of the charity's most common requests, said Aldridge.

"For people in smaller communities, we also support accommodation-only requirements," Aldridge added. "So if they need to stay overnight in Prince George, we can support them with hotel arrangements for up to 14 nights. For some, we can provide them with meal vouchers for every night they're overnighting there." To apply for support from Hope Air, patients or someone applying on behalf of a patient can fill out an online travel application at hopeair.ca, said Aldridge. According to her, the application takes about seven to 10 minutes and asks for the patient's household income and the time and location of the medical appointment they're hoping to attend.

Those looking to support Hope Air can make a donation or sign a pledge of support on the charity's website, Aldridge said.

ROBSON VALLEY & NORTH THOMPSON

NOTICE TO CREDITORS AND CLAIMANTS

Estate of Heinrich Unger, 1040 Main Street, Valemount, British Columbia V0E 2Z0, who died on December 12, 2020. If you have a claim against this person, you must file your claim by September 7th, 2024 and provide details of your claim with Maryanne Unger-Pattison, 135 Erith Drive, Hinton, AB T7V 1P4. Apologies, due to unforeseen complications, the advertisement is later than originally anticipated.

NOTICE TO CREDITORS AND CLAIMANTS

Regarding Hill Bill Products Ltd., 940 Main Street and 3110 Sawyer Road, Valemount, British Columbia, V0E 2Z0. If you have a claim against this entity, you must file your claim by September 7th, 2024, and provide details of your claim with Maryanne Unger-Pattison, 135 Erith Drive, Hinton, AB T7V 1P4. Apologies, due to unforeseen complications, advertisement is later than originally anticipated.

NOTICE TO CREDITORS AND CLAIMANTS

Estate of Henry Unger also known as Heinrich Unger, 1040 Main Street, Valemount, British Columbia V0E 2Z0, who died on December 12, 2020. If you have a claim against this person, you must file your claim by September 7th, 2024 and provide details of your claim with Maryanne Unger-Pattison, 135 Erith Drive, Hinton, AB T7V 1P4. Apologies, due to unforeseen complications, the advertisement is later than originally anticipated.

NOTICE TO CREDITORS AND CLAIMANTS

Regarding the IRLY Building Centre, 940 Main Street, Valemount, British Columbia, VOE 2Z0. The IRLY Building Centre closure and sale in 2014. If you have a claim against this entity, you must file your claim by September 7th, 2024, and provide details of your claim with Maryanne Unger-Pattison, 135 Erith Drive, Hinton, AB T7V 1P4. Apologies, due to unforeseen complications, advertisement is later than originally anticipated.

Prince George Fire Centre sees active start to fire season

By Abigail Popple, Local Journalism Initiative Reporter, RMG

The Prince George Fire Centre is the site of the most wildfires out of any centre in B.C., according to data from the BC Wildfire Service.

At a press conference on June 12th, Lead Fire Weather Forecaster for the BC Wildfire Service Matt MacDonald said persistent drought is contributing to Prince George Fire Centre's vulnerability to fires. The centre started 2024 with 88 holdover fires from the 2023 fire season, and while 15 of these fires have successfully been extinguished over the past few weeks, 11 grew due to hot, dry, and windy conditions this spring, according to MacDonald.

As of writing on June 17th, there is currently one fire in the Robson Valley still listed on the Wildfire Service dashboard: the Crescent Spur fire started on May 10th, which prompted the Regional District of Fraser-Fort George to issue an evacuation alert later that evening. The fire is currently listed as under control.

The Service suspects the wildfire is human-caused, says the dashboard. According to MacDonald, humancaused wildfires are usually unintentional and can result from railway sparks lighting nearby vegetation, vehicle accidents igniting fires, or heavy equipment spreading sparks into forests.

Human-caused wildfires have accounted for about 72 per cent of wildfires in the Prince George Fire Centre since April 1st of this year, according to BC Wildfire Service. However, this year human-caused wildfires have been less frequent provincewide than in previous years, according to MacDonald's presentation.

"Fortunately, with the recent cooler weather, we've seen a lower number of human-caused fires, which has been great," MacDonald said. "Please continue that vigilance and caution as we proceed into the core of the fire season."

The Prince George Fire Centre is still under the Category 2 and 3 open fire ban instituted March 28th. The use of fireworks, sky lanterns, burn barrels, and binary exploding targets is also prohibited. This ban does not include campfires, though BC Wildfire Service encourages residents to check if their municipality or First Nation has other restrictions in place.

The Village of Valemount does not currently have additional restrictions in place, according to CAO Anne Yanciw.



The Prince George Fire Centre accounts for the vast majority of land burned since April 1st of this year. As of writing on June 17th, nearly 324,000 hectares have been burned across the province – including about 322,000 hectares of land in the Prince George Fire Centre. /BC WILDFIRE SERVICE

Racing returns to the Robson Valley





Opening weekend winners

Mini Stock Bandit

1st Nicholas Cote 2nd Sarah Forrest 3rd Sapphire Pelletier (Valemount)

Mini Stock Outlaw

1st- Austin Ogonoski 2nd- Terry Bedford 3rd - Chris Cinnamon

Hobby Stock 1st Kayden Clark 2nd Jeffrey Schooley 3rd Joel Cinnamon (Tete Jaune Cache)

Super Stock 1st Josh Shuflada

Sign up for the Goat's weekly newsletter!

Links to online stories

Upcoming events

In loving memory of Giuseppina Gentile Masciarelli

It is with heartfelt sorrow that the family announces the peaceful passing of Giuseppina (Gabrielina Giuseppina Maria) Gentile Masciarelli at McBride Hospital on June 8th, 2024. Giuseppina was born on October 21st, 1926 in Casoli, Italy to Reparata Consalvo and Lodovico Gentile. The youngest of four siblings (Rosina, Jacinta, and Pietro), she grew up working on her family farm and at an early age, showed her talent and passion for artistry. She showed a lot of academic promise as she was quickly advanced through school until the war, when she was forced to stop her education. She married Giuseppe (Joe) Masciarelli, and due to lack of economy in post-war Italy, Giuseppe immigrated to Canada ahead of Giuseppina and their unborn son and eventually settled in Valemount, BC





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where Giuseppina remained until her passing.

Giuseppina is survived by her two sons, Giona (Patricia) and Pietro (Valerie), her four grandchildren; Jessica Watkins (Peter), Gabrielle Masciarelli (Kyle), Giuseppe Masciarelli (Kimberley) and Davide Masciarelli, as well as 7 greatgrandchildren, and nieces and nephews in Italy. She was predeceased in death by her loving husband Giuseppe Masciarelli.

Her life was dedicated to her Catholic faith, her family and her garden. She was often featured in the local paper due to her impressive garden and green thumb. She was also known for her delicious Italian cooking, especially her pizzelles. She picked blueberries and baked bread into her 90's. She loved board games and bonded with her grandchildren and great-grandchildren over the games of Trouble, Chinese checkers and Scopa. She was also a very talented crafter & artist, and her house was adorned with her crochet, knitting and embroidery projects as well as her paintings. She was known for giving her dishcloths away to anyone who complimented them as well as her homemade warm winter hats.

A funeral mass took place Saturday, June 15th at the Good Shepherd Catholic Church in Valemount BC, followed by a graveside mass and reception at the Best Western.





Grads, you've put in the time.

BKB CEDAR Raj, Sheila & the whole team 250-569-0096 - 2940 Museum Road, McBride, B.C.

From your McBride TGP IGP 211 Main Street, McBride, BC (250) 569-2525 orgratulations

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Graduating Class of

2024!

*Terms and conditions apply, please ask us for more information



Congrats Grads! Go into the world and do well. But more importantly, go into the world and do good. - Minor Myers Jr.

Welcome Home Fran & Kevin, Emmalee, Sasha, Jamie, Ray & Clyde 250 569 0215

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Congratulations and Best Wishes **2024 Grads!**

www.rdffg.bc.ca

of Fraser-Fort George



ONGRATULATIONS



Koa McCormick



Troy McFarland



Isabelle Reis

Congratulations Grads! We're Proud of You!

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Congratulations to the graduating class of 2024! **Special Congratulations to Troy**



- Randy and Sherry McFarland

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> > 778 - 860 - 612

Congrats Grads...

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Katharina McNaughton 250-569-7401

kat@robsonvalleyrealestate.com-





"Take pride in how far you've come. Have faith in how far you can go. But don't forget to enjoy the journey."

- Michael Josephson

Valemount: 99 Gorse Street • (250) 566-9107 McBride: 942-3rd Avenue • (250) 569-2266

Congrats grads.

Good luck in your future endeavours!

UNCLE MARK'S ON-FARM HARVEST 250-569-7805 unclemarks.ca/harvest

Thursday June 20, 2024 13

"Meet, Greet and Eat" with the **RCMP**



Cpl Warwick and four-year-old Police Service Dog Mudd were on hand during the McBride RCMP detachment's open house on Wednesday June 12. Approximately 150 people attended the event that included children's activities, food, and an opportunity for officers and residents to socialize and connect in a relaxed setting. Representatives from Forensic Services in Prince George as well as from the Valemount detachment also attended. There are plans to hold similar events once a year going forward. /SUBMITTED

Legion Branch 266

Regular Events:

Friday Night Summer Menu: Homemade BBQ'd burgers and regular menu items. 5:30 p.m. to 8 p.m.

Sunday Pancake Breakfast: 8:00 a.m. to 10:30 a.m. **No Pancake Breakfast June 23rd**

BIngo - Second Thursday of every month. Doors open at 6 p.m.

Coming Events:

Open Mic - June 21

Big Train Acoustic blues June 23rd. Tickets available at Infinity and Branch 266

Comedy Night - June 28

Canada Day Community Pancake Breakfast July 1st

General Meetings:

Third Tuesday of each month @ 7 p.m.

Hall Rentals available for events, meetings, seminars. Call 250-566-1115 or email valemountlegion266@gmail.com

Royal Canadian Legion Branch 266, 970 Main Street, Valemount

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Farmers of Fraser-Fort George... bring in your bale wrap, silage plastic and twine for recycling!

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Village of McBride, BC



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Scan to find out what happens to the materials you return to Cleanfarms collection sites.





ROBSON Community Events

VALEMOUNT

FRIs **Family Place Drop-In** is moving to FRIDAYS from 9amnoon with Cat. Come for the connection with other families, parenting resources and fun for you and your 0-6 year old children at RVCS (99 Gorse St) unless location otherwise stated. Registration not required. For more information call 1-844-324-2004 or email: events@rvcsbc.org.

June 21- Picnic and play at Cranberry Lake- snacks provided! June 28- Sing and dance at Centennial Park

THURS JUNE 20 from 4-7pm the WorkBC Valemount team will be at the Valemount Farmer's Market each month to talk about the way we can support you with your employment needs, either as an employer or a job seeker. July 11, Aug 8 and Sept 12 dates as well. 250-566-9107 for more info.

Ongoing Valemount Events

MON through FRIs The Valemount Seed Library is available in our lobby during business hours at RVCS Valemount (99 Gorse St). Office hours: Monday 10am-6pm and Tuesday to Thursday 8am-4pm. Come take free seeds to grow in your garden this summer. By saving seeds, we can maintain genetic diversity, adapt to changing environmental conditions, and save money by not having to purchase new seeds every year. For more information call 1-844-324-2004 or email: events@rvcsbc.org.

MON through FRIs the Free Food Farm Stand and Pantry are available for anyone who would like some free, fresh produce. We accept donations of unprocessed fruits and veggies also. The stand is accessible in the front lobby at RVCS Valemount (99 Gorse St) and is available to everyone- just help yourself! Emergency top-up food is accessible to our clients and anyone who walks through the door. This initiative is supported by one-time grant funding through United Way BC. For more information call 1-844-324-2004 or email: events@rvcsbc.org.

MON through FRI Contact the Valemount RVCS Office to book your Community Garden Plot. Cost \$25/year, volunteer 8hr/ year, tools provided. Contact 250-566-9107 or email events@rvcsbc.org for more info or to sign up.

TUES, WED, THURS **StrongStartBC** at Valemount Elementary School 11:30-2:30 starting Oct. 3rd. Free dropin program for children 0-5 years accompanied by their caregivers. Enjoy play-based early learning incl. songs, stories, art and more. Stop by the school for more info.

WED **Oldtimers band and music night** at the Golden Years Lodge 7pm. All welcome! Play music, listen or dance.

WED **Tech Cafe** @ The Valemount Learning Centre 10-noon Free computre, phone or tablet help. Drop in at #16 - 1295 Gordon Road. Any questions, contact Regena Bergen 250-566-4601.

TUES & FRI Drop-in soccer at Valemount Secondary. Age 12+. \$5 and waiver must be signed.

THURS Free **Drop-In/Coffee House** at the Golden Years Lodge the 1st & 3rd Thursdays of the month from 10 am until 2 pm. It's open to everyone regardless of your age. If you currently have any 'mobility issues' call the CARE-A-VAN 778-915-8550 for a ride in the accessibility bus.

THURS from MAY 23-JUNE 13 12:30-2pm join RVCS and families for Sprouting Memories with our Families. We meet at the Valemount Community Garden (behind the secondary school on 201 Ash St) for social interactions and sensory exploration while planting a garden and watching it grow. This program is free, and is for ages 0-5 and their caregivers. Registration is preferred: 1-844-324-2004 or events@rvcsbc. org.

SAT 10am-11:15am **Creative writing group**. Join us for writing and friendly conversation at the Rocky Mountain Goat office. Everyone welcome. Contact Laura for more info at

MON through FRI the **Free Food Farm Stand and Pantry** are available for anyone who would like free, fresh produce. We accept donations of unprocessed fruits and veggies. The stand is accessible in the front lobby at RVCS Valemount (99 Gorse St) and is available to everyone- just help yourself! Emergency top-up food is accessible to our clients and anyone who walks through the door. Call 1-844-324-2004 or email: events@rvcsbc.org.

MCBRIDE

MONs **Family Place Drop-In** is on Mondays from 9amnoon at RVCS (942 3rd Ave). Join for connection with other families, parenting resources and fun for you and your 0-6 year old children. No registration required. unless otherwise stated. For more information call 1-844-324-2004 or email: events@rvcsbc.org. Upcoming themes:

June 24- Celebrate Canada Day early with face paint, balloons, and bubbles!

THURS JUNE 20 from 1-3pm at RVCS McBride (942 3rd Ave) seniors are invited to join us for **Coffee House:** a social time with friends. This drop-in event will be outside, weather permitting. Contact RVCS for more info: 250-569-2266 / events@rvcsbc.org.

FRI JUNE 21 from 11am-2pm the WorkBC team will be at the McBride Farmer's Market each month to talk about the way we can support you with your employment needs, either as an employer or a job seeker. July 12 and Aug 9 dates as well. 250-566-9107 for more info.

THURS JUNE 27 seniors are invited to a friendly competition of **Crokinole** at 942 3rd Ave (RVCS) from 1-3pm. This is a classic, tabletop game that combines skill, strategy, and a dash of luck. Drop-in, no registration required. Contact 250-569-2266 / events@rvcsbc.org for more info.

Ongoing McBride Events

MONs **ASL Club** meet weekly at the EFree church McBride. 12:30pm - 1:30pm. Beginners welcome! Contact Lonnie Lorenz if you have questions 250.569.7657

MON through THURS, McBride RVCS (942 3rd Ave) now has a **FREE FOOD PANTRY** that's available to all! Emergency top-up food is accessible to our clients, preschool program and anyone who walks through the door. We share and accept donated foods that are safe and fresh for use. Contact RVCS at 250-569-2266 or email foodsecurity@rvcsbc.org. The local Food Bank is also available: 250-569-3186.

TUES **Tuesday Night Jam** is now playing in the CN Station Lobby, 6:15-8:30. It is an open jam; musicians, singers, and onlookers welcome. For more information call David at (250) 569-2569.

TUES **Chess Club** - 5-6pm at the McBride library. All ages and abilities welcome.

THUR & FRI **Weekly Adults' Programs** at the McBride Library: Fibre Artists (Thurs, 10:30am), Writing Group (Fri, 1.30pm). Call 569 2411 for details.

MON & WED it's time to **Dance during Community Fitness** with Jodie at the Elks Hall. Twice weekly from 7:15pm-8pm this drop-in program offers free admission to seniors and youth. Other age groups are invited to pay by donation or pay what you can. Call 250-230-8035 for info.

THURS – every first Thursday of each month join members for another Men's Shed McBride meeting at 942 3rd Ave at 3pm. Men's Shed aims to improve members' physical and



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mental health through a safe and friendly environment where men can work on meaningful projects, at their own pace and in the company of other men. We welcome a diverse and inclusive community! Email mcbridemenshed@gmail.com for more info.

FRI **McBride Community Market**every Fri starting on June 21 from 11:00 am until 2:00 pm at the Pavilion in Steve Kolida Park. Make it Bake it Grow it or gently used items. Table space \$10.00/ wk Children under 12 \$2.00/wk. For further information contact Jackie Edwards 250 569 7101

DUNSTER

SAT June 29 Annual ice cream social @ Dunster Community Hall.

SUN June 30 Nancy and Loretta have each been 50 Years in the Valley. **Come Celebrate** with us at a Community Picnic Dunster Picnic Grounds 4:00 pm - 7:00 pm Bring some lawn chairs, snacks to share, drinks for yourself, hot dogs and marshmallows and join us for an afternoon of visiting and fellowship.

SAT from JULY 6-SEPT 28 Saturday Farmers' Markets @ Dunster Community Hall.

TETE JAUNE

SAT June 22 Join us for the **Kiyooka Land Trust 2nd Annual Community Celebration**, 10am-3pm. 14717 Old Tete Jaune Road. Featuring Medicinal Plant walks, Indigenous craft making, and All My Relations Dance troupe. By donation. Lunch provided.



lauraishere@gmail.com / 250-566-5135.

SUN 1-3 pm **Crafty Stitchers meet** downstairs at the Valemount Public Library, all welcome! Call 250-566-4367.

SAT 10am-1pm the Valemount United Anglican Church has a **thrift store** at 7th and Cedar!

SUN **Pancake breakfast at the Valemount Legion** Sundays 8 to 10:30 am. By donation!.

MON through FRI the **Valemount Seed Library** is available in our lobby during business hours at RVCS Valemount (99 Gorse St). Office hours: Monday 10am-6pm and Tuesday to Thursday 8am-4pm.Come take free seeds to grow in your garden this summer. By saving seeds, we can maintain genetic diversity, adapt to changing environmental conditions, and save money by not having to purchase new seeds every year. Made possible with funding from CBT. For more info call 1-844-324-2004 or email: events@rvcsbc.org.

MON through FRI Contact the Valemount RVCS Office to book your **Community Garden Plot.** Cost \$25/year, Volunteer 8hr/year, tools provided. Contact 250-566-9107 or email events@rvcsbc.org for more info or to sign up. Valemount | McBride | Dunster | Blue River



18. Lead-in to much

21. Biggest city in Nebraska

22. Partner of circumstance

19. Nicaragua city

1)	68. Delicate
ovel)	69. Puccini o
	70. Gershwin
	heroine
	71. Tree love
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Down 1. Five-time Wimbledon champ 2. "You're making this up!

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sun also slip into the sign of mothers this week of the summer solstice, and the Strawberry Moon on Friday will be the fruit atop this sweet, starry sundae.					
ARIES (March 21-April 19). You'll be inclined to work even harder than usual this week. You have deeper wells of self-discipline, too, so use these powers while they last. To engage your talents thoroughly, take on the thing that scares you. Your fear is based in a deep inner knowing that this is what will grow your special talents. You'll emerge mighty.					

TAURUS (April 20-May 20). You'll realize how silly it is to blame yourself or feel any weird way about your younger moves. So many things were not really your fault. Now you have new wisdom and maturity. Every person on earth has done things they weren't exactly proud of. You learned, and that's what's important. You'll apply it this week.

Venus gets the most cosmic

attention on this day of fathers,

angling Neptune before changing

suit and then flirting with the moon.

This indicates a Father's Day that

goes about as well as the feminine

force that plans it. Mercury and the

GEMINI (May 21-June 21). The thought of getting what you want might be more frightening than the thought of not having it. It's because you know this prize will require you to be a new version of yourself. You're up to it. You're brave. You'll put your heart into the thrust of life and you'll really go for it.

CANCER (June 22-July 22). Even though compassion comes naturally to you, some situations are harder to accept than others. When tired or irritable, you try a little harder. You train yourself toward kindness, which helps in some of this week's situations. Maybe kindness alone can't evaporate the evil in the world, but it can stop some of it from developing.

LEO (July 23-Aug. 22). With

initiate projects. You're so good at figuring out what action needs to be taken and by whom. If there isn't such a person close at hand, you cast a wide net to find a fit for the role. And you'll put standards in place, too, so your results will be consistent.

SCORPIO (Oct. 24-Nov. 21). You'll live with an honesty that cuts through life's noise. It starts with being accepting of yourself and your many colors. It is not necessary to always be positive, "on," correct, energetic, disciplined or diligent. As you appreciate your different moods and modes, you create a way forward that works beautifully for you.

SAGITTARIUS (Nov. 22-Dec. 21). You don't usually think much about the past, but because you are very aware of writing a new story with your future, you'll consider what's written in the dust of forgotten roads. You'll revisit bits of your history, imagine the outcomes of paths not taken, and ponder your current place and direction so as not to repeat yourself.

CAPRICORN (Dec. 22-Jan. 19). The sales team wants you to make a big investment up front when excitement is at a high. But if the product is truly helpful, it will still be helpful later. So don't rush into anything. Save your money. Go slow. Not being overly invested gives you ease, freedom and flexibility. What's good for you will come in a package that seems like relaxed fun.

AQUARIUS (Jan. 20-Feb. 18). While it certainly doesn't feel good to be overwhelmed, it is still an indication that at least you have ambition and the guts to live a big life. You're running things on a scale that challenges you to take courage, have faith, and gain organizational skills. There's a big-hearted joy surging through all you take on this week.

PISCES (Feb. 19-March 20). Being responsible to others does not mean that your needs aren't important. This week, it may seem a bit hard or inconvenient to serve your own needs, but only at first. Once you get in the mode of making sure your needs are met, it becomes so easy to meet them that you'll wonder why you resisted doing this before.

BY HOLIDAY MATHIS

Father's Day Stars

Thursday June 20, 2024 15

24. Hurler's pride 25. When doubled, a Pacific capital 29. The Iron Horse Aus.'s continent, abbr.
Donovan of "Clueless" 36. "La Dolce Vita" setting 37. It's stranded, for short 38. Mile-high Asian capital 39. Small British isle 40. City in northern France 42. Copper, e.g.43. Japanese sashes 45. Photographer's request 46. River to the North Sea 47. Swimming 50. Prepared to drive 51. Light-colored wood 52. Actress, Minnelli 54. One time capital of Japan 57. Portuguese city 62. Arrest 63. Part of a buzzing swarm 66. Previously 67. Earthenware pot

3. Lick ____ promise 4. It's got you covered 5. Computer chief 6. California University 7. Despite, for short 8. Fairy tale writer 9. Director Wertmuller 10. Deep-sea fish 11. Smaller plateau 13. Daytime TV drama 14. Heartthrob 20. Boxer, for one 21. Some are vital 23. Relating to a word sequence 24. Purpose 25. Sri Lanka export 26. Warning sound 27. Ridicules 28. The NCAA's Buckeyes 30. "How the Grinch

Stole Christmas" director Howard 31. Sesame Street regular 32. Donald Duck, to Huey, Dewey and Louie 33. Like a starfish 35. "The Tempest" king 39. Charles River sch. 41. Invoice fig. 44. Humbug's partner 48. Peachy-keen 53. Pre-med course,, abbr. 54. Pull

steady hands and an unflinching gaze, a key piece of business will be accomplished. The trick is in knowing how much to do and when to stop. If you put in more effort than is needed, you will accomplish less instead of more. Know when it's finished and back off. Avoid 55. Ivy League greediness and you'll win. school 56. Painter's medium 58. Corp. money managers 59. Party giver 60. Major oil corp. 61. Spring 63. Fed. can. auditing agcy.

VIRGO (Aug. 23-Sept. 22). The competition isn't always in an opposing position. In fact, the fiercest threat to achievement will come from your own team, or from yourself, so look sideways and look within. What do you need to deal with to move forward? Pay attention and you can knock it all into alignment this week. You really LIBRA (Sept. 23-Oct. 23). Your leadership is undisputed. You will give structure to ideas. You will

THIS WEEK'S BIRTHDAYS:

Your attitude: winning, undaunted, "bring it!" This year's challenges are perfect for what you want to develop in yourself. Invisible forces rally around your quiet determination, ready to fortify you and assist your rise. Your instincts sharpen, for making money especially. But the most exciting times will be centered around getting to know people; social life will be rich in meaningful conversations, lighthearted fun and new locations. Twice, a stranger's wisdom will change your course for the better.



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PUBLIC NOTICE

FOREST OPERATIONS MAP REVIEW

Carrier Lumber Ltd., invites the public to review its Forest Operations Maps (FOM ID: 1580) which provides development plans within the Robson Timber Supply Area and administered from the Prince George Natural Resource District.

The FOM(s) have been prepared in accordance with the Forest and Range Practices Act and describe areas planned for Cutting Permit and Road Permit development within the next three

years. The public may provide comments on the FOM(s) at any point during the review and comment period, which starts June 20, 2024 and ends July 20, 2024.

The FOM(s) is accessible for public review and comment submissions online at the following website address: Forest Operations Map (gov.bc.ca) or https://fom.nrs.gov.bc.ca/public/projects#publicNotices

Alternatively, in-person review and comment of FOM(s) can be completed, by appointment to ensure a Carrier Lumber woodlands staff member will be available, at the following locations during regular office hours (8:30 am to 4:00 pm): 4722 Continental Way, Prince George BC V2N 5S5

FOM(s) comments may also be submitted by mail to the above address or by phone at (250) 563-9271 or by email at fom.pg@carrierlumber.ca





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This young woodpecker speaks on behalf of itself and the others hiding safely in an old hollowed out tree. They were all periodically sticking their heads out to call for their mother who was assumed to be either out gathering food or taking a break from her fast growing demanding offspring. /ANDREA ARNOLD

RVCS shares resources for World Elder Abuse **Awareness Day**

BY ABIGAIL POPPLE, LOCAL JOURNALISM INITIATIVE REPORTER, RMG

Robson Valley Community Services (RVCS) held a gathering in Centennial Park for World Elder Abuse Awareness Day last Thursday.

At the event, Better At Home Coordinator Shelby Weeks passed out emergency kits and shared information about elder abuse with passers-by. Better At Home provides non-medical support services to seniors living in their own homes, so Weeks makes regular visits to Valemount seniors.

This work has given Weeks firsthand experience with the effects of elder abuse.

"I worked for Better At Home down in Abbotsford for two years, and I've been in homes where there's care aids going into homes not being the nicest," she said, recalling a time where a care aid didn't make the water a safe temperature for a senior she was bathing. Weeks had to intervene and turn the temperature down herself. "So today, we're letting people know, 'Hey, (elder abuse) is still happening. It's happening in our care homes, it's happening out in public, it's even selfneglect," she said. Weeks added that self-neglect - when a senior's health and hygiene suffers due to not having adequate support at home - is particularly hard to combat, because elders who self-neglect often do not reach out for help. If she suspects a senior is self-neglecting, she can make more frequent home visits to check on them, she said. Weeks said if Valemount residents notice an elder who is struggling, they can contact RVCS to get in touch with

her. "You can also come into my office, or phone me," she said. "Then, I'll direct you on where we can go. Sometimes I have to call a higher up ... we can go to Northern Health or the RCMP, and I can help them do your report and be there with (the senior) while we go through that process."

RVCS also has counsellors and other support workers available throughout the process, Weeks said. For example, Stopping the Violence Outreach Worker Navpreet Kaur was at the World Elder Abuse Awareness Day event with Weeks.

"I work with self-identified women... fleeing from violence, or who have faced violence in their lifetime," Kaur told The Goat. "I'm here to let elderly women know we have these resources." Similarly to Weeks, Kaur works with people looking for support from RVCS



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"When somebody contacts RVCS and has some aspect of violence in their case, I'll handle their case," she said. "I'll get them the help they need. It could be financial help where they can get income assistance, or if they've been fleeing from violence and they don't have a place to live, we have the Safe at Home program, Second Stage Housing (Ada's Place), and long-term rentals." Weeks added that RVCS has more programming in the works for people of all ages. For the next two months, she's running an educational program for men that includes workshops on bike tune-ups and first aid, she said. For seniors, she hopes to organize a regular exercise program in the fall, and hopes to have a technological literacy workshop soon.



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